

“I’ve got to the point where I think we can get almost complete control of cardiovascular disease, heart attacks and strokes by the proper use of vitamin C and lysine. It can prevent cardiovascular disease and even cure it. If you are at risk of heart disease, or if there is a history of heart disease in your family, if your father or other members of the family died of a heart attack or stroke or whatever, or if you have a mild heart attack yourself then you had better be taking vitamin C and lysine.” — Linus Pauling 1994

Chapter 8

Important Case Studies

The beneficial effects of Pauling’s therapy at the right dosages are pronounced, rapid, remarkable, and difficult to attribute to anything else. Initially our conversations were only with hopeless cases — people who were literally sent home to die. These were the people who, almost without exception, recovered on the therapy. The sickest patients reported experiencing the most relief. They had been told that one or more of their coronary or carotid arteries were 90 percent or more blocked, and that for one reason or another surgery was no longer an option. They had suffered heart attacks, coronary artery bypass surgeries, and angioplasties, and most complained of severe angina pain. Over the years we have often heard the refrain, “*My angina pain went away after 10 days*” from people who began the therapy.

Mr. Eli Raber contacted us in early 1997. He was in constant pain and was told by his doctors that he had run out